

Weekend Retreat

Relationship Fuel!™



entertrainingEtc

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“When men and women are able to respect and accept their differences then love has a chance to blossom.”

-John Gray

Falling in love is the easy part, sustaining love, nurturing love, creating and maintaining a relationship in which love can not just survive, but *thrive*, is the difficult part. That is the reason why we created **Relationship Fuel!™**

Extraordinary relationships don't happen by accident. Look around. How many couples do you know that have an extraordinary relationship? If you are like the vast majority of the population you'll be able to count them on one hand.

Relationship Fuel!™ is valuable for couples in any stage of their relationship, including those on the brink of separation or divorce. Our technology offers participants:

- Knowledge and skills to talk and listen to others with empathy and compassion
- Understanding emotions in themselves and others
- Dealing with conflict and differences in ways that strengthen - rather than destroy - relationships

and much, much more...

Relationship Fuel!™ is an incredible personal journey of self-discovery and learning that will enable you to truly connect with the most important people in your life -- including spouses, children, friends and even co-workers. You'll come out of the seminar with a tool box overflowing with skills, knowledge and experiences that make extraordinary relationships possible.

Relationship Fuel!™ is filled with dozens of usable, practical skills that you can put to use to sustain love, pleasure and happiness in your relationships.

Entertraining Etc is pleased to offer the most unique, innovative and effective program ever created to help couples or singles create healthy, satisfying, long-term committed relationships.

This *accelerated learning* program teaches you everything you need to know about how to fuel a relationship to keep the fire burning.

By participating in this workshop, couples (and singles) will learn that passion *can* last in a long-term, monogamous relationship, and that men and women should be able to understand, accept and appreciate each others' differences. Participants will learn how to create romance and passion with the opposite sex.

Relationship Fuel!™ is the opportunity you were looking for to ignite a spark in your relationship.

Renewal
Romance
Openness
Friendship
Warmth

EXTRAORDINARY TIMES CALL FOR EXTRAORDINARY TRAININGS!®

Relationship Fuel!™

Relationship Fuel™



Format

This seminar will be one of the most enlightening experiences you have ever had. It will start to transform the way you look at the opposite sex from the moment you enter the seminar room.

You will actively learn and participate in simulations that will help you understand the keys to improve your relationships.

We use high impact visuals, audio and interactive activities that will deepen the impact and make the transfer of knowledge more powerful and long lasting.

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What will I learn in the workshop?

Relationship Fuel™ is divided into 5 Modules. The workshop format is ideal for a week-end retreat.

<p>Module 1: Rekindle the “Dating” Spirit</p> <ul style="list-style-type: none"> - The 5 stages of dating - Couples that sabotage their relationship - The myth of the perfect mate 	<p>Module 2: Understanding the differences</p> <ul style="list-style-type: none"> -Men, women and handling stress - How do men and women see themselves - Understanding Chemistry and attraction
<p>Module 3: Improving Communication</p> <ul style="list-style-type: none"> - Men and women speak different languages - The magic of listening - Communication Role Reversal 	<p>Module 4: The Three Letter Word</p> <ul style="list-style-type: none"> - Pillow talk - Spicing up your sex life - Keeping the fire burning
<p>Module 5: Design a Perfect Relationship</p> <ul style="list-style-type: none"> - Relationship goals, values & rules setting - Understanding & Interpreting feelings - The importance of openness 	<p>ATTENTION SINGLES</p> <p>It does not matter if you are not in a relationship right now. The principles in this session are timeless and the tools you learn here will help you in your future relationships, so do not be discouraged to participate.</p>

The overall goals to this session are:

- That you will leave with outstanding tools for relationship fulfillment
- That you will learn how to communicate your needs effectively, yet romantically
- That your lovemaking will become spontaneous, fresh and fulfilling!
- That you will gain valuable insight into creating romantic rituals which will allow intimacy to deepen throughout your relationship.



Relationship Fuel™ is designed to create *conscious relationships*, as opposed to unconscious relationships where couples act out patterns of relating with little awareness of why they are behaving the way they are. A *conscious relationship* is a stable, fulfilling and passionate relationship between committed partners which results from both partners agreeing to consciously look at themselves and their relationship patterns.

The session combines behavioral approaches to relationship enhancement (such as learning how to listen and communicate, how to set boundaries, how to argue constructively, how to enhance pleasure and intimacy, and how to turn conflicts into solutions). In addition to the session material, participants are given exercises to practice at home to deepen their understanding and practice the ideas discussed.

Relationship Fuel™ workshops are open to the public. If you would like to know when our next open session is or for further information & questions you can contact us at:

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